## Becoming a culturally competent massage therapist

The four hour initial session is a prerequisite for additional courses.

This 4 hour workshop addresses issues in the context of record-keeping, health interviews, and health assumptions of massage therapists and registered massage practitioners.

Practitioners encounter a diverse client population in spas, sports massage, healthcare and other settings. Increased cultural competency and knowledge about underserved populations will better position massage therapist to impact health care in the future

This course is designed to help practicing massage therapists and registered massage practitioners create a more culturally appropriate approach to record keeping, health care assessment, and treatment plans as it relates to massage therapy.

By understanding the nature of cultural competence and examining record-keeping and health interviewing processes, massage therapists and registered massage practitioners will improve their ability to talk about health concerns without biases in the context of cultural differences, gender, sexual orientation hindering the conversation and treatment outcomes.



Take your professional responsibilities seriously. Improve your professional recordkeeping and assessment skills with cultural competence training.



## Tara McManaway and Associates Tara McManaway, LMT, LCPC

This very timely workshop covers gender and sexual orientation discrimination issues in massage practice. This workshop combines 3 hours of ethics and one of cultural competency for 4 contact hours

Register by clicking here

Phone: 240 776 2013
taramcmanawayandassociates@gmail.com
WWW.TARAMCMANAWAYANDASSOCIATES.COM
PAYMENT CAN BE MADE FROM THE WEBSITE

## Enroll in one or more sessions each renewal year

**Part 1** Covers gender and sexual orientation discrimination issues and combines 3 hours of ethics and one of cultural competency for 4 contact hours (pre-requisite for parts 2-5)

Part 2 covers information to increase Military cultural competency including veterans, active duty and their families for 1.5 contact hours

Part 3 covers information to decrease stigma and increase awareness of mental health issues for 2 contact hours

Part 4 covers information to increase awareness of age, physical ability cultural competency issues for 1 contact hour

**Part 5** covers information to increase race and ethnic heritage cultural competency for 2 contact hours

The Maryland Board of Chiropractic and Massage Therapy Examiners requires continuing education units in ethics and cultural competency every two years.

\*This course series has been approved for 10.5 CE contact hours for Maryland Massage Therapists and Practitioners.

## Participants in the fivepart series will develop



It is very important to understand that culture is more than race and ethnic heritage. The goal for massage therapists and all health care professionals is to have a motivation to engage in the process of being culturally aware rather than fulfilling and obligation to take one course for cultural competency.

This series of classes will help inspire massage professionals to understand the importance of cultural desire rather than just simply checking the course off the required list.

**Part 1** is approved\* for one hour of cultural competency and 3 hours of risk management, recordkeeping, jurisprudence;

Part 2 is approved\* for one hour cultural
competency;

Part 3 is approved\* for 2 contact hours of cultural competency;

Part 4 is approved\* for one hour of cultural competence; and

**Part 5** is approved\* for 2 hours to satisfy the cultural competency requirement.

It is anticipated that participants may take one of these over the series of several years and licensing cycles.

Course fees are \$20.00 per contact hour.

For more information and workshop dates

**Phone:** 240 776 2013

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\*\* Campinha-Bacote (2002)