ALPS Full Disclosure: Creating a framework for the practice of Supervision

WVCA Fall 2013 Conference. November 7-9, 2013. Bridgeport Conference

Center, Bridgeport, WV

Presentation Title: ALPS Full Disclosure: Creating a framework for the practice of Supervision Full Disclosure: Creating a framework for the practice of Supervision: 3 hour session

Identifying best practice and relevant research, this workshop will examine the supervisor's current (or assist supervisor to create) documents and policies to provide a consistent framework for supervision process of students and Provisional LPC (West Virginia) or for Consultation contracts with LPC s. Decrease ambiguity and clearly state your supervisory credentials and expectations as well as help clarify the needs and expectations of your supervisees. Registered participants are invited to email their documents to the workshop leader in advance to receive more in-depth feedback during the workshop. **Session Level:** _ Intermediate to Advanced

Participant Learning Objectives (Participants will be able to):

- 1. Identify participant's supervision and consultation models for set and settings
- 2. Develop clearly stated requirements for the supervision contract
- 3. Develop clearly stated expectations for the supervisory partners
- 4. Understand the importance of creating published supervisory policies and procedures
- 5. Identify 3 ethical considerations concerning dual relationships when supervising *direct reports*.

Summary of your experience relevant to your proposed presentation: Tara McManaway, LPC, ALPS (WV715) LCPC (MD4997, Supervisor #616) of *McManaway and Associates* received her Master of Divinity in Counseling and Theology from Vanderbilt University in 1981 and has been a Licensed Professional Counselor and Approved Licensed Professional Supervisor in WV(715) since the inception of licensure/supervisor credential in 1988. She is licensed in Maryland as an LCPC and approved supervisor. In addition, she has attended West Virginia University and Johns Hopkins University for post Master's Degree Training and is enrolled in the Certificate of Advanced Graduate Study in Counseling and Supervision at JHU.

She began her practice in crisis intervention, youth counseling and substance abuse in the late 1970s. In the 1980s, she practiced as a generalist Marriage, Family, Individual and Child therapist first with Tri County Pastoral Counseling Services and then in private practice at Berkeley Springs Wellness Services.

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Ms McManaway is also a Licensed Massage Therapist, in practice since 1989, licensed in the state of Maryland and West Virginia. Her clinical work has evolved and can be best described as integrative practice of mind, body and spirit. While her training is grounded in systems theory of Minuchin and Haley, her therapeutic approach is more integrative including training in Gestalt, Brief Therapies, CBT, REBT, psychoneuroimmunology (PNI) as well as the Myers Briggs Type Inventory. She ascertains the needs and levels for and with the client/supervisee and develops a plan for supervision to meet those needs. A complete listing of Continuing Education and other certifications is available in the *McManaway and Associates' Supervision Information Binder* on file in the office and on the <u>website</u>.

Ms McManaway is a Professor in the Health Sciences Division at the College of Southern Maryland. (Courses taught and responsibilities are listed in her Vitae available *McManaway and Associates' Supervision Information Binder.*) Her experience as program coordinator and with supervision of entry level and advanced students provide her with a unique understanding of mind/body work from the perspective of bodyworkers, counselors and integrative practitioners. All combined, her experience is best suited to provide supervision for LGPC/ LCPCs, LMTs and integrative practitioners.

Registration available at http://www.wvcounseling.org/events.php